

# INCIDENT PROCEDURE

TAKE CONTROL  
ASSESS THE SITUATION  
DELEGATE ACTION

CONTACT THE EMERGENCY SERVICES



At sea, all incidents: Coastguard, VHF Channel 16

Decompression illness: Pan Pan

Lives in danger: Mayday

On land:

Decompression illness: BHA / RN Diver Helplines

England, Wales, Northern Ireland: 07 831 151 523

Scotland: 01 224 681 818

Near drowning: Ambulance 999 or 112

Lost diver: Coastguard/Police 999 or 112

GIVE THE FOLLOWING INFORMATION:

Who you are      Type of emergency      Location

## DECOMPRESSION ILLNESS

Keep the casualty quiet  
Lie the casualty flat on his/her back  
Administer 100% oxygen  
Administer fluids

## DIVE DETAILS

Ascent: Normal (Y/N)  Rapid (Y/N)  Missed stops  mins

Incident dive      Previous dives (most recent first)

	Incident dive	Previous dives (most recent first)		
Gas mix				
Surface interval				
Time				
Depth				
Duration				
Stop 1 (m / min)				
Stop 2 (m / min)				
Surfacing time				

## CASUALTY ASSESSMENT

Name  M  F  Age

Date  Time of incident

Time of onset of symptoms  Time of assessment

Level of response Alert  Voice  Pain  Unresponsive

Is the casualty oriented? Day  Place  Person

Changes in personality? Y/N?  Chest pains (Y/N?)

Respiration: breaths/min  Circulation: pulse beats/min

Vision Normal  Tunnel  Blurred  Double

Tingling/numbness Head/neck L  R  Trunk L  R

Arms L  R  Legs L  R

Weakness Arms L  R  Legs L  R

Smile/swallow symmetric? Y/N?  Hand/eye co-ordination: Y/N?

Oxygen administration times Started  Ended

Fluids administered Y/N?  Amount (ml)

## MONITOR THE CASUALTY

Is the casualty's condition improving/static/deteriorating/relapsing?  
Note any changes and times of changes.

**IMPORTANT:** This slate, plus dive computer and (if appropriate) the casualty's buddy should accompany the casualty to medical facilities